

CLOTHING (DRESS IN LAYERS)

- blouses, shirts, socks, underwear (take a limited supply—use wash-and-wear)
 - scarf or light sweater (for covering up at religious sites)
- one nice outfit for any special events during your trip
- slacks, capris, jeans, skirts, shorts (take a limited supply)
- water shoes, flip-flops, thongs, or old sneakers (for the Dead Sea and beach)
- hat
- heavy sweater or jacket (for cool nights and outdoor meetings)
- pajamas
- modest swimsuit (for swimming in the Dead Sea and under robe at baptism)
- walking shoes and sandals (plenty of walking! Good shoes are very important!)

TOILETRIES/MEDICATIONS

- aspirin or other nonprescription medications
- cold remedy and/or allergy medication
- comb and hairbrush
- copies of any prescriptions (in case you need them filled)
- deodorant
- earplugs (very handy for airplane and sleeping in hotel)
- motion sickness pills
- nail clippers, file (remember not to pack clippers or files in carry-on bag)
- other personal hygiene products
- package of towelettes
- hand sanitizer
- shampoo/conditioner
- shaving equipment
- sleeping pills
- toothbrush and paste, dental floss
- washcloth or hand towel (hotels do not carry this size towel)
- eye drops or contact lens solutions and cleaners
- suntan lotion (sunburn medication/ointment)

MISCELLANEOUS

- adapter for all electrical appliances
- phone charger, ear buds
- camera, film, extra batteries
- extra pair of eyeglasses (or prescription)
- handkerchiefs or tissues
- small umbrella or rain hat
- sunglasses
- tiny flashlight
- travel alarm
- boxed snacks (individually packed, travel size)
- plastic bags (to wrap wet washcloth, laundry, etc.)
- small sewing kit
- refillable water bottle (option to take with you throughout the day)

*Bon Voyage
Bon Voyage*

ITEMS TO PACK IN HAND LUGGAGE/CARRY-ON BAG

- airline tickets**
- passport (including a copy of passport)**
- travel insurance info**
- US Dollars (bring single bills for purchasing water on bus)
- A good book (to read on the flight over and back)
- medications (no clippers, knives or files)
- neck pillow, sleeping mask, sleeping pills & earplugs (for sleeping on airplane)
- one-day change of clothes (at least change of underwear)

Be sure to check latest airline standards for items not allow to be carried on with you.

They have tightened the control and limited the types and volume of items you may bring aboard with you, especially liquids or sprays including perfume, cologne or hand sanitizer. You will be asked to discard in the trash any items deemed unacceptable by the new standards. Please check with your airlines for the new and latest regulations and what is allow to be brought on board in your carry on.